



# FIRST AID: WORKPLACE FIRST AID

OSHA General



## Course Syllabus

### TMC4014 - First Aid: Workplace First Aid

This Course provides valuable information on the various types of common injuries that can occur, and the types of First Aid treatment appropriate to each one. You will also learn some basic First Aid techniques that can be used in these situations.

## Course Learning Objectives

- Use proper first aid on cuts, blisters, and burns.
- Properly treat eye injuries.
- Use proper first aid procedures on sprains, strains, broken bones, and fractures.
- Treat heat stroke and heat stress.
- Provide first aid to persons exposed to toxins and poisons.
- Rescue a choking victim.
- Provide first aid to someone having a heart attack.
- Properly manage shock

## Formatting and Pricing

Individual courses can be purchased direct from EnviroGuardTraining.com. May be combined with FIT 2. Contact bsantoro@enviroguard.com for multiple attendee discounts or to develop a custom training program to meet your needs.

**Format:** E-Learning

**Catalog#** TMC4014(E)

## Who should take this course?

Training for all workers

## Course Length:

45 ~ 60 minutes

## To Purchase this Training

**Go To:** EnviroGuardTraining.com

**Call:** 800-206-9884

**Fax:** 909-624-1772

**Email:** SalesInfo@EnviroGuard.com