



HAND, WRIST, AND FINGER SAFETY

OSHA General



Course Syllabus

TMC4015 - Hand, Wrist, and Finger Safety

Each year over 500,000 people injure their hands, wrists, or fingers. Nearly one out of four "on-the-job" accidents involve these parts of the body. To help reduce these problems, this training identifies hand, wrist, and finger hazards and teaches employees how to avoid them. Training topics include the physiology of the hand, wrist, and fingers; identifying common hazards; proper work procedures; tool use and maintenance; using personal protective equipment; and injuries and first aid.

Course Learning Objectives

- Pay attention to how your hands, wrists, and fingers work.
- Recognize potential hazards in your workplace.
- Use the proper hand protection at work.
- Properly maintain hand protection.
- Use ergonomic solutions to avoid stress damage.
- Use hand tools safely.

Formatting and Pricing

Individual courses can be purchased direct from EnviroGuardTraining.com. May be combined with FIT 2. Contact bsantoro@enviroguard.com for multiple attendee discounts or to develop a custom training program to meet your needs.

Format: E-Learning

Catalog# TMC4015(E)

Who should take this course?

All workers.

Course Length:

20 ~ 30 minutes

To Purchase this Training

Go To: EnviroGuardTraining.com

Call: 800-206-9884

Fax: 909-624-1772

Email: SalesInfo@EnviroGuard.com